

## POSITION DESCRIPTION

Position Title:	Mental health Clinician / Counsellor
Position Type:	Permanent, Full time or Part time position
Location:	Various Locations (Deakin ACT, Wagga Wagga NSW)
Reporting Relationship:	This position directly reports to the Manager, Clinical & Community Programs
Position Classification:	The position is classified at Band D in accordance with the RACR Enterprise Agreement
Reviewed:	21 November 2024

Relationships Australia Canberra & Region (RACR) honours Australia's First Peoples. We expect every member of staff agrees to work towards their own cultural awareness and fitness and participate in cultural training and discussions during the course of their work with our organisation.

### **Position Summary:**

As part of the Clinical & Communities Program (CCP) team provide counselling services to families, couples and individuals who are seeking improved relationships or the resolution of relationship issues.

### **Duties:**

**Under the supervision of the Manager, Clinical & Community Programs, Mental health clinicians / Counsellors are responsible for:**

- Providing support and counselling services to individuals, couples, families including children in accordance with RACR service guidelines and assess and respond to risks identified including family and domestic violence, suicide risk and children at risk.
- Completion of all data requirements including case notes, statistical and administrative records for each session or activity.
- Delivering outreach services and group programs as required.
- Developing and maintaining contact with other agencies and key stakeholders for the purpose of referral, networking and promotion of the service.
- Participating in team meetings and in supervision, professional development, and performance reviews.
- Actively working towards, developing and maintaining cultural awareness and fitness through participation in cultural training, discussions, and diversity initiatives.
- Demonstrating a commitment to the safety (including cultural safety) and the wellbeing of children and young people and supporting RACR's adherence to the National Principles for Child Safe Organisations by attending child safe training and demonstrating child safe principles in their work and interaction with others.
- Participating in the development, implementation, and maintenance of a safe and healthy workplace and to take reasonable care to ensure own health and safety and health and safety of others.

- Performing other duties as requested, consistent with the classification of the position and in line with the principles of multi-skilling

### **Selection Criteria:**

#### *Essential:*

1. Relevant experience and qualification in the field of Social Work, Psychology, Nursing, Occupational Therapy, Counselling or Social Science. Current registration/membership with at least one of the following: Australian Health Practitioners Regulation Agency (AHPRA); Australian Association for Social Workers (AASW); Psychotherapy and Counselling Federation of Australia (PACFA) and Level 2 or above Australian Counselling Association (ACA).
2. Ability to demonstrate a systemic and theoretical approach to relationship counselling (including familiarity with systems theory) and demonstrate an understanding of the practice frameworks applicable to working with individuals, couples, children, and families in reducing the impact of trauma and vicarious trauma.
3. Demonstrated knowledge of family violence, crisis intervention models, and grief and loss in the context of family separation and child development.
4. Demonstrated ability to exercise judgment and initiative where appropriate, set priorities and monitor workflows.
5. Demonstrated experience working with diverse cultural communities and knowledge of issues facing Aboriginal and Torres Strait Islander peoples, people with a disability, culturally and linguistically diverse individuals and communities, and LGBTQIA+ communities.

#### *Desirable:*

1. Demonstrated experience in therapeutic group work and educative programs.
2. Demonstrated knowledge and experience in legislative requirements of mandatory reporting, issues pertaining to substance abuse and mental illness.
3. Knowledge of Family Law and Family Court procedures, family finances and community resources.

### **Special Requirements:**

- Capacity to work outside of normal business hours occasionally and willingness to travel to support RACR services.
- Current Driver's Licence.
- Must provide current proof of registration for the NSW Working with Children Check/ ACT Working With Vulnerable Persons card
- Commitment to mission and values of Relationships Australia Canberra & Region.
- Understand and embed restorative principles in their work and interaction with others.
- Prepared to undertake a police check.